



Focuses on the effects, risks, and consequences of illicit drug use and prescription drug misuse

Other Drugs is an intervention for individuals with current or past experiences with illicit drugs and/or prescription misuse. The course covers the main drug classes of opioids, depressants, stimulants, and hallucinogens, including commonly misused prescription medications such as Adderall, Ritalin, Vicodin, OxyContin, Xanax, and Ambien. The course addresses fentanyl, counterfeit pills, naloxone/Narcan, emerging synthetic substances, polysubstance use, and the connection between substance use and mental health.

Other Drugs provides personalized feedback and addresses risks, effects, and consequences in a motivational interviewing style. It helps individuals recognize and reflect on their beliefs, attitudes, behaviors, reasons for use, triggers, and strategies for making a change.

.....

LEARNING OUTCOMES

After taking Other Drugs, the individual will be able to:

- Identify personal strategies for avoiding prescription drug misuse
- Debunk myths regarding effects of stimulants and better learning
- Recognize that peer use is less common than typically perceived
- Understand the dangers of sharing prescription medication
- Understand the mental, physical, and emotional effects associated with the four main categories of psychoactive drugs
- Recognize symptoms of addiction, tolerance, and dependence for each drug category
- Recognize signs and stages of withdrawal for each drug category
- Analyze both classic and dissociative hallucinogens and their differing effects on brain and body
- Understand the dangers of mixing psychoactive drugs
- Identify possible gateway drugs and the correlation between early use and higher addiction rates
- Identify personal reasons for drug use
- Recognize the importance of making a change to lessen or end personal drug use
- Identify personal triggers for use and develop a plan to deal with triggers and cravings
- Develop a personalized strategy for making a change in drug use
- Understand the effects depressants have and what that means for tolerance build up and addiction
- Recognize signs of overdose and appropriate intervention actions for each drug category, including the use of Naloxone for opioids
- Explain how prescription drug misuse can lead to tolerance, dependence, withdrawal, and an increased risk of using stronger or illicit substances
- Describe how early substance use, peer use, and access to substances can increase the risk for later misuse or dependence
- Identify current fentanyl-related trends and risks, including signs of overdose, fentanyl contamination, and counterfeit pills
- Recognize the connection between substance use and mental health concerns
- Understand warning signs and next steps for individuals in a mental health crisis or at risk of suicide



PREVENTION // INTERVENTION // PERSONALIZED FEEDBACK // COMPLIANCE TRACKING
EVIDENCE-BASED // CUSTOMIZABLE // OUTCOME REPORTING // CONFIDENTIAL // INTEGRATIONS